

# Symptom management in palliative care



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Managing symptoms during the last days of someone's life can be challenging, often with multiple causes contributing to each symptom. Every organisation will have their own policies and procedures around the role of the Healthcare Assistant in management of symptoms, so it is important to be familiar with and work within the boundaries of such guidelines.

Below are some general principles to help guide Healthcare Assistants when considering care strategies best suited to the needs of individual clients:

