



Beanbag Shapes

Beanbag Throw



Play suggestion:

Set up buckets just a few steps away from where your tamariki are standing, and cheer the children on as they toss the beanbags into them. As they get better, move the buckets further away to encourage them to move their bodies and boost their confidence! It's a fun physical challenge that helps them learn to be more in control of their movements.



This activity supports Te Whāriki Exploration Goal Two.



What tamariki will learn:

- Hand-eye coordination and spatial awareness to support cognitive development.
- A basic understanding of science through momentum and gravity.
- An understanding of how items fall, or 'go' at different speeds.
- How to play alongside their peers, sharing and taking turns.
- How to move confidently and challenge themselves physically.



This activity helps to meet Te Whāriki Exploration Learning Outcome Two.

For more resources and activities visit
www.nztertiarycollege.ac.nz/resources



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