



# Beanbag Shapes

## Music and Movement



### Play suggestion:

Try out some action songs that teach tamariki non-verbal communication skills through singing and dancing. Help them throw, catch, or pass the beanbags while following the playful instructions in the songs.

Here are three songs to look out for:

- Throw the Bean Bag
- Bean Bag Rock
- The shape song in te reo Māori



**This activity supports Te Whāriki Communication Goal One.**



### What tamariki will learn:

- Hand-eye coordination and spatial awareness to support cognitive development
- New words and shapes in te reo Māori
- How to use gesture and movement to express themselves



**This activity helps to meet Te Whāriki Communication Learning Outcome One.**

For more resources and activities visit  
[www.nztertiarycollege.ac.nz/resources](http://www.nztertiarycollege.ac.nz/resources)



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